

EAST COAST MIND AND BODY

is pleased to offer the following services:

ACUPUNCTURE

- provided by Dr. Christine J. Bauer
- hours by appointment only
- fees: initial consultation = \$125.00
 each additional visit = \$80.00
 pre/post transfer treatment = \$150.00
- for more information or to schedule an appointment, contact Dr. Christine J. Bauer at 516.333.7770 or Dr. Angela Tigner at 516.939.2229

MASSAGE THERAPY

- provided by Ellen Nieman, Licensed Massage Therapist
- hours are Mondays 2:30, 4:00, and 5:30 and
 Saturdays 1:30 and 3:00
- fees: 1 hour relaxation massage = \$70.00
 1 hour pregnancy massage = \$80.00

CHIROPRACTIC DIAGNOSTIC SCAN-

detect nerve disturbance and misalignment potentially affecting fertility with the state-of-the-art thermal and EMG scan.

- scan and consultation provided by Dr. Ronit Vilan, Chiropractor
- hours are by appointment only
- fees: \$245.00 for scan and consultation

YOGA CLASSES

- come learn stretches and breathing exercises designed to promote blood flow, relaxation, and inner peace and harmony.
- Yoga Instructor: Stephanie Canaras
- classes meet Wednesdays 4:30 - 5:30
- fees: \$60.00 per month or
 \$20.00 per class
- space is limited so register early
- payment is expected at time of registration

* IVF patients receive a 20% discount on services

** All services are provided on-site at East Coast Fertility

*** Checks should be made payable to East Coast Mind & Body

For more information or to schedule an appointment, contact Dr. Angela Tigner at 516.939.2229 or atigner@eastcoastfertility.com